



Back to School 2023

Health Update



Current COVID Guidance and Protocols for School

- While the pandemic is officially over COVID, much like the flu, remains a public health concern. As you've heard in the news, waste water indicators are rising and there are new variants. Fortunately, the new variants seem to be no more virulent than those in the past. It is highly recommended that the very young and older people receive a booster.
 - Contact tracing and COVID testing is no longer recommended or required in the school setting. The school nurses will continue to monitor absences and work with the Norwood Board of Health to identify any concerning trends.
 - Individuals diagnosed with COVID should quarantine for 5 days and wear a mask in public settings for an additional 5 days. No quarantine is required for those exposed to an infected individual as long as they are asymptomatic.
 - There is no mandated masking recommendation **except** for symptomatic individuals visiting the school health office. Individuals who choose to mask will be supported in that choice.
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Remember to Continue Good Health Habits Learned During the Pandemic!

- If you are experiencing symptoms of COVID-19 or flu at home PLEASE do not come to school.
 - Frequent handwashing with soap and water, or use hand sanitizer if water is unavailable.
 - Keep your hands away from your mouth nose and eyes as much as possible
 - Clean frequently touched surfaces during the day
 - Open windows to circulate the air as the weather permits
 - Avoid crowds and keep a respectful distance.
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Vaccination Clinics

- All individuals are encouraged to stay up to date with vaccinations. Vaccines remain the best way to help protect yourself and others!
 - If you have not had a COVID booster since September of 2022 you are not protected from the omicron variants.
 - September 15th from 1:00-4:00 p.m. at the High School there will be a clinic for students only. Families of those children in need of missing childhood vaccines and high school students who have not been vaccinated against meningitis will be contacted by their school nurse.
 - September 21st from 2:00-5:00 p.m. at the High School there will be a Flu and COVID clinic. This clinic is open to students, staff, families and community members. Information and a sign up link will be on the district webpage and sent out via Parent Square.
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