



SO MUCH STRESS AND
COLLECTIVE GRIEF,
WHAT WE ARE MISSING THE MOST
IS A SENSE OF COMMUNITY.

Our support group is specifically geared towards caregivers who identify as Black, Indigenous, and People of Color (BIPOC) who are supporting children through virtual learning while also navigating the recent rise of racial tension and social injustice in our communities.

The purpose of this FREE group is for caregivers to give and receive support from each other. *PSP groups are not designed to supplement mental health treatment.*

The BRYT Family Engagement Team invites you join us every Monday (7pm EST/4pm PST) for PARENTS SUPPORTING PARENTS. Simply click the link and join the Zoom meeting. All BIPOC identified caregivers are welcome so please share with family and friends.

<https://zoom.us/j/98693797295>
Passcode: 344167

Facilitated by JoAn Monplaisir, LSCW-C



JoAn is a Haitian American, native of Brooklyn, NY. She currently resides in Maryland and practices as a hospice Clinical Social Worker and full spectrum birth & postpartum doula.

*** CONFIDENTIALITY AGREEMENT ***
IN ORDER TO CREATE A SAFE SPACE FOR ALL, WE ASK
THAT BY PARTICIPATING IN A GROUP YOU ARE
ACKNOWLEDGING TO ALSO KEEP ALL INFORMATION
INCLUDING NAMES, SCHOOLS, ETC. CONFIDENTIAL.