





Come Join Us For Coakley Wellness Family Night!! May 8th 6-8pm

Enjoy a Night of Movement, Education on Vaping/E-Cigarettes, and Teen Nutrition

6:00-6:10 - All Families in the auditorium for introduction and information

<u>6:10-6:45:</u>

6TH GRADE - CAFETERIA - Teen Nutrition and Snacks- Kelsey Massis **7TH GRADE -** LIBRARY - Vaping/Juling/E-Cigarettes Education - Tara Noyes

8TH GRADE - GYM - Rock Wall, Dancing, Tchoukball, Heart Rate Monitors and Upper Body Workout - Wellness Staff

6:45-6:50 - PASSING TIME

6:50-7:20

8TH GRADE - CAFETERIA - Teen Nutrition and Snacks- Kelsey Massis
6TH GRADE - LIBRARY - Vaping/Juling/E-Cigarettes Education - Tara Noyes
7TH GRADE - GYM - Rock Wall, Dancing, Tchoukball, Heart Rate
Monitors and Upper Body Workout - Wellness Staff

7:20-7:25 - PASSING TIME

<u>7:25 - 7:55</u> -

7TH CAFETERIA - CAFETERIA - Teen Nutrition and Snacks- Kelsey Massis
8TH GRADE - LIBRARY - Vaping/Juling/E-Cigarettes Education - Tara Noyes
6TH GRADE - GYM - Rock Wall, Dancing, Tchoukball, Heart Rate

Monitors and Upper Body Workout - Wellness Staff

Representatives from IMPACT Norwood will also be here for Drug and Alcohol Information