

The Norwood Public Schools invites you...

## “The Secret Life of a Massachusetts Teen”

*Presented by Jon Mattleman*

Tuesday, March 11, 2014

6:30-8:30 pm

Coakley Middle School Auditorium

Free Community Event-Adults only

“**The Secret Life...**” is a high-energy presentation that actively focuses on what teens are really thinking, what they fear, why they do not share their fears, and how parents/guardians can more effectively support their teen. This presentation will cover areas such as acting out behaviors, drug & alcohol use, depression, suicide and more.

*Jon Mattleman established the Youth/Family Resources, a consulting firm delivering a range of services to youth, parents and families. Jon has 30 years of experience as a mental health counselor and trainer. He has spoken to thousands of parents in schools, community groups and religious organizations.*



Are you a parent/guardian interested in learning:

*New ways of understanding your teen?      Confidence, courage and new language?*

*Innovative techniques to engage your teen?*

**Questions/more information: Tara Noyes, Health/Physical Education Dept. Head - [tnoyes@norwood.k12.ma.us](mailto:tnoyes@norwood.k12.ma.us)**