



Norwood High School March Newsletter 2024

From the Principal:

Let's stay focused with an open mind to new and creative ideas as we move into the second half of term 3. We appreciate you and all of your community support. #MustangStrong

Best,

Dr. Hugh Galligan

#4As5CstTeam

Massachusetts Amazing Emerging Artists Juried Show & The Boston Scholastics Art Awards

The Visual Arts Department is proud to announce that 11 students' artwork were chosen to be displayed in Massachusetts Art Education Association's statewide juried exhibition. Melissa Colella and Alexandra Murphy both won the Davis Category Award Piloted in 2018, the Amazing Emerging Artists Recognitions is a juried show for students in grades 9-12 whose art teachers are members of the Massachusetts Art Education Association (MAEA). Student entries are submitted digitally and are judged using a blind process by a panel of art educators.

Zander Allan won an Honorable Mention at the Boston Globe Scholastics Art Awards, a state-wide art competition.

Link to Google Slideshow of the work: [MAEA AND SCHOLASTICS: NHS Award Wining Artwork 2023-2024](#)

ELA MCAS

Tuesday, 3/26 & Wednesday, 3/27

NHS sophomore class will be taking MCAS this spring. Please ensure that your student's Chromebook is fully charged for these dates, gets a good rest and breakfast, be on-time and remind students that cell phones must be off and in a backpack during testing sessions.

Student of the Month

Students of the Month are seniors who are involved in the four A's (Academics, Arts, Athletics, and Activities). These students are role models for other students. Nominated and selected by the faculty.

February

Jonah Michalec



Julia Alves



Fine Arts—Music



MAJE State Finals

Norwood High School Jazz Ensemble achieved a Silver Medal at TWO MAJE festivals on 2/29 and 3/5 with a recommendation to attend MAJE State Finals at Norwood High School on Saturday, March 5th! The Norwood PMA and Music department will host this event with high school big bands from across the Commonwealth at Coakley Middle School and Norwood High School from roughly 11:00 AM to 4 PM with a special guest performance by the BT ALC Big Band followed by awards for all ensembles in the NHS Auditorium.

NHS Staff member Steven Conant from the Music Department has been Awarded the **M.I.C.C.A. Paul Smith Hall of Fame Award** after being recognized by his peers in Music Education. He will be presented this award at the M.M.E.A. All State on Friday, March 22nd and at NHS's Pops Concert on Friday, May 10th.



Congratulations!

MICCA Preview Concert and Clinic

On *Tuesday March 19th* the Band and Orchestra class will hold their MICCA Preview Concert and Clinic in the NHS Auditorium 7 PM - 8:45 PM. Each group will perform followed by an educational clinic with two guests from outside of Norwood Public Schools.

Environmental Youth Club

E.Y.C. will be celebrating EarthWeek 2024 the week of April 22 -April 25!



The Earth Day flag, designed by John McConnell, the founder and creator of Earth Day

Stay tuned for more information and follow E.Y.C. on Instagram @eycnorwood and keep your eye on NHS Update for more details as it gets closer to April!

Email leichtman@norwood.k12.ma.us with any questions.

FoVA's Youth Art Benefit March 20th

The Friends of the Visual Arts Norwood will be presenting its Annual Youth Art Month benefit on Wednesday, March 15th at Norwood High School's Library from 5:30-7pm.

The benefit is a gallery show celebrating the accomplishments of students in the Norwood Public Schools' Visual Arts Department. Artwork from grades K-12 will be on display reflecting the district's diverse and rich program. T-Shirts and raffles will be for sale as a fundraiser for scholarships and art enrichment opportunities. There is a suggested donation of \$5.00 at the door. Hope you are able to join us on March 20th from 5:30-7pm at the Norwood High School's Library, 245 Nichols St, Norwood, MA 02062. In case of inclement weather, the benefit will be held on March 21 from 5:30pm-7:00pm at the library.

Annual Teacher of the Year Nominations

[Nominations are now open for 2024](#) for the 16th Annual Norwood Teacher of the Year Award Program. Take a moment to recognize a Norwood teacher for their extraordinary work in the classroom. **Nominations close March 25, 2024.**

Learn more and get started at orientlodge.org.

School Counseling

Course Registration

It is hard to believe that we are already selecting courses for the next school year 2024-2025! In the beginning of March, students in grades 9-11 met with their school counselor to review their course selection and finalize choices for next year. We enjoyed meeting with all of our students and making a plan for the next school year. If for some reason your student did not meet with their counselor, please send her an email to schedule a meeting.

Post-Secondary Planning meetings for Juniors and Families

We are excited to begin the post-secondary planning process for juniors. It is time to start thinking about life after graduation from Norwood High School. We are here to help with whatever that plan might be including 2 and 4 year college options, career/technical training programs, job and career searches, and the military. If you are thinking about college, please add to "College I am Thinking About" in Scoir. If you need to reset your password, you should be able to do so on their site.

Beginning in mid-March, school counselors will be available for 30 minute appointments for meetings with students/families to discuss the process. If you would like to make an appointment, please email Jeanne Morrison at jmorrison@norwood.k12.ma.us or call 781-352-3853.

If you are planning to take either the [SAT](#) or the [ACT](#), be sure to register on their website. The next SAT is May 4th and the deadline for registration is April 19th. The next ACT is June 8th and the deadline for registration is May 3rd. Many schools are "test-optional" which means students can choose whether or not to submit their test scores. However, we are paying close attention to the trends, and some schools are bringing back the requirement of a standardized test. We encourage you to check the requirements of the schools of which you are interested.

If you are planning to visit colleges or universities during the next few weeks or upcoming April vacation, be sure to register on their website. Tours, information sessions, and open houses fill up quickly and will go to a waitlist.



Family Tech Tips

NameDrop

Apple has released a new feature, NameDrop, with their newest update. This feature allows your contact information to be shared more easily with phones that are near yours. This is useful and convenient in some instances, but it may seem a little *too* easy for others. **To turn OFF Name Drop (which is automatically enabled with recent updates), go to Settings > General > toggle off "Bringing Devices Together".**

For more information, check out [CNET's article](#) on NameDrop.

Mental Health For Teens

Take a look at Common Sense Media's list of [YouTube Content That Supports Tweens' and Teens' Mental Health and Wellness](#). These videos, created by insightful individuals, provide valuable information and insight into the mental well-being of today's teenagers.

Art in Bloom April 6 & 7

Art in Bloom is an exhibition of Norwood and Walpole High School's students' artwork interpreted in flowers by members of Norwood Evening Garden Club. This display will be at:

**Morrill Memorial Library,
33 Walpole St.
Norwood, MA 02062**

**Saturday, March 25 from 10am-5pm
Sunday, March 26 from 2-5pm**

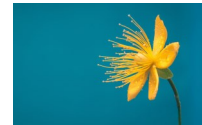


Photo by [RoonZ nl](#) on [Unsplash](#)

Athletics



Spring sports begin next week! Please check our [website](#), norwoodmustangs.com or [arbitersports](#) for our spring sports schedules.

Spring sports registration is available through the Aspen Parent Portal. Registration is due on or before Thursday 3/8/24. If you need assistance with your Aspen account please contact npsaspensupport@norwood.k12.ma.us. All students will need an updated physical in order to participate. Please email updated physicals to: athletics@norwood.k12.ma.us

We will be accepting user fee payments through UniPay for the 23-24 school year. Please access the following link <https://unipaygold.unibank.com/CustomerInfo.aspx?Customerid=443> to make an online payment. If you would like to pay by check, please mail a check in the amount of \$200 made out to The Town of Norwood and mail to Norwood High School, 245 Nichols St Norwood, MA 02062 Att: Athletics. If you would like to request a reduced fee or a fee waiver please contact Director of Athletics Jonathan Longley directly at jlongley@norwood.k12.ma.us

Spring Shopping and Ways to Celebrate your Senior and Support the NHS PTO!

Celebrate your Senior with a 2024 NHS Lawn Sign



Lawn signs can be ordered for your graduating senior through the NHS PTO. Celebrate the accomplishment of your student. Signs can be purchased for \$16.00.

[Click here](#) to order and celebrate your senior.

Pay by check made out to Norwood High PTO or Venmo @NorwoodHighSchool-PTO last four digits 0817

Payment must be received for signs before order is placed
For questions email: norwoodhighpto@gmail.com

Celebrate your Senior with Flowers



Graduation flowers and teddy bears are available to order now!

Order a flower bouquet for your Senior and pick it up at graduation. Click [here](#) to place your order.

Shop at Charleston Wrap

In need of gifts for the coming spring celebrations like Easter, Mother's Day or Father's Day? Support the NHS PTO by shopping through Charleston Wrap. Household decor, gourmet food, candles, specialty soaps and more are available. Click [here](#) to place your order.



Items ship directly to you

NHS 2024 Graduate Lawn Signs

https://docs.google.com/forms/d/e/1FAIpQLSeN_YROkMQHBH22xFs9wFww7vSp9TWVZdamTOEYNenJCFXprA/viewform

Pre-Order Flowers For Graduating Seniors

<https://www.thecommentgroup.com/norwoodhighschool/>

Spring Shopping - Household goods, candles, soap, gourmet foods

<https://registercw.com/gateway?organizationMidasId=27746>



Sponsored Fundraiser

A great way to raise money for local schools & non-profit organizations.

Our fundraisers are open to schools as a whole or individual sports teams and clubs

FUNDRAISER: NORWOOD H.S. PTO

FUNDRAISER DATE: THURSDAY MAR 28TH 2024

LOCATION: NORWOOD

How it Works:

1. On the Day/Date of your **scheduled** fundraiser visit your Chateau location for lunch, dinner, or take-out. Let your server or phone representative know that you are participating in the fundraiser and to "FLAG YOUR CHECK"
2. For online orders: Add the item "Fundraiser" to your cart and enter the name of your organization as a special instruction. Again, double check that the item "Fundraiser" has been added to your order.
3. After the event, we will contact you with your results. Your group will receive 20% of the total sales (before tax) from all the checks that were flagged for your fundraiser.



Click to place your online order now!

<https://chateaurrestaurant.com>

CARING HEART AWARD

Has a Norwood High School Teacher or Staff member made an impact on you or your student?

If yes, share the good news. Nominate them for a **Caring Heart Award!** [Click here](#) to nominate someone who has made a difference.

Deadline is **March 29th**.





Purchase Your Copy of the 2024 Yearbook

The yearbook staff and Ms. Leavitt have been working diligently to create the 2024 TIOT Yearbook keepsake. This is a school book that is filled with high school memories for all grades to enjoy for years to come! Yearbooks are typically distributed before Class Day, which is currently scheduled for Friday May 31st. All yearbooks must be purchased online ahead of time. There may be a few extra copies available for purchase that day but quantity cannot be guaranteed. To purchase, go to yearbookforever.com! Please reach out to Mrs. Dwyer at jdwyer@norwood.k12.ma.us with any questions.



PROM 2024

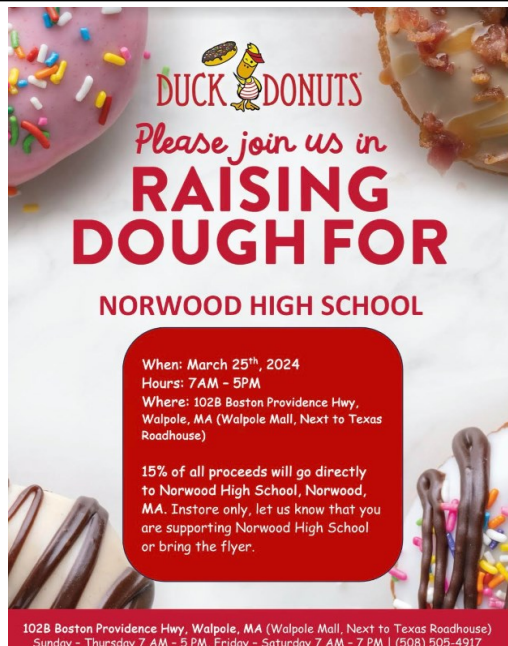
Friday, May 3rd

Lake Pearl, Wrentham

Tickets are \$115 each. Cash or checks made out to Norwood High School .

They'll go on sale next Monday, 3/18 in the Guidance Dept.

More details to follow.



POST PROM PARTY MEETING

Tuesday, March 19th

6:30PM

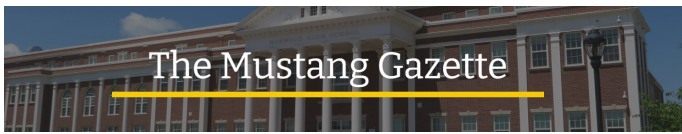
NHS Library

Volunteers Needed From All Classes!

End of Term 3

Friday

4/5



The Mustang Gazette

The Mustang Gazette has a new, updated look. Check it out!

The Mustang Gazette, a digital news website published by the students in Journalism class, is live and updated regularly. Please visit The Mustang Gazette at <https://sites.google.com/norwood.k12.ma.us/mustanggazette/home> for NHS and community news.

Town Government Day

Town Government Day is Wednesday March 20th.

All students have been sent information on how to participate. We hope many will join us as we celebrate local government in Norwood!

Style on the Hill Wednesday, March 27th!

Style on the Hill is BACK! Join us on Wednesday, March 27th at 7:00 PM for a night to remember! This Student Council and the Post Prom Committee sponsored event combines a prom fashion show, where senior students are showcased in their best looks, and the 15th annual Mustang on the Hill competition, where seniors compete in not only fashion, but knowledge, agility, and talent!

Presale tickets are on sale NOW for \$10, but will increase to \$15 the night of the event. To purchase a pre-sale ticket, please reach out to a participant or a member of Student Council.

For more information about this event, please visit the [@stuco_nhs](#) on Instagram or visit the [Norwood High School Student Council](#) Facebook Page. All proceeds will benefit senior events organized by Student Council, Post Prom, and NHS.



STYLE ON THE HILL

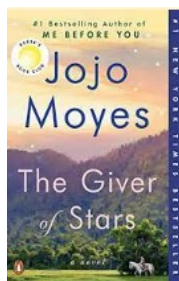
2024 PARTICIPANT LIST

ALICE ABDALLAH - HANNAH ADELEYE - JONATHAS ALMEIDA - JULIA ALVES - ANTHONY AMATO - PAIGE BARNETT
HEATHER BEGG - FRANCESSE BOIS - KAYLA CAHILL - TED CAPARROTTA - ANTHONY CAVANAUGH - GRACE CHAU
RYAN CONNEELY - MIKE CURRAN - RINA DAVID - LORENA DEQUINO - KAYLIE DELAMERE - DAVID DEMATTIA - OWEN DESHARNAIS
ZACH DITULLIO - MADI DITULLIO - ANGEL EL MOUCARY - BELLA EL MOUCARY - MOLLY FEDERICO - NATALIE GALE
JULIA GALLO - LAUREN GALVIN - JAYDA GOMES - DANIELLA HABIB - LILLA HATCH - MEGHAN HOBBS - PATRICK IBRAHIM
VINAMRA KALAIGNAR-ANUSHA - MOLLY KEATS - BEN KELLEY - SOPHIE KRUSZ - STEFANIE KURTIQI - ISABEL LIRAG
OLIVIA LODGE - SADIE LUNDIN - THOMAS LYNCH - JULIA MACE - AACHAL MAHARJAN - MATTHEW MAHONEY - JOEY MANNING
BERT MARTIR - ALLEGRA MICHALEC - JONAH MICHALEC - PAIGE MOORE - OLIVIA NAUGHTON - JACK NYCHAY - EVE O'ROURKE
GRACE O'ROURKE - CHIBUIKE ONYEOCHA - CHRISTINE PICPICAN - KATIE PRITCHARD - ASHLEY PUNGITORE
ANANYA RAMAMOORTHY - MICHAELA REEN - JAUNTY RILEY - JORDYN ROBINSON - LINDSAY ROGERS - JESSICA SABER
COLIN SANGIACOMO - LUCY SCAFATI - GIACOMO SERRATORE - MEGHAN SERRATORE - PRIMA SRIPHO - RYLEY SULLIVAN
SHAYLA SULLIVAN - ABIGAIL TRARON - SOPHIA VENDITTI - TRICIA WLADKOWSKI - TJ WYMAN - JESSICA ZAMMITO

Library Nook

Library Lunch Book Club will be meeting **Thursday, March 21st** during all three lunches.

We will be reading *The Giver of Stars* by Jo Jo Moyes in honor of Women's History Month. "Based on a true story, this courageous group of women delivered books by horseback in the Kentucky mountains, facing many obstacles. This book is destined to become a modern classic—a richly rewarding novel of women's friendship, of true love, and of what happens when we reach beyond our grasp for the great beyond."



Calendar

Women's History Month

3/20	Town Government day
3/26	ELA MCAS
3/27	ELA MCAS/Style on the Hill 7PM
3/29	No School—Good Friday
4/5	Last Day of Term 3
4/15-4/19	April Break

