



Norwood High School

September Newsletter 2023

From the Principal:

Over the first three weeks, our students have shown leadership and growth each day. A great beginning towards encompassing the 5C's: creators, critical thinkers & problem solving, citizens, collaborators, and communicators. Thank you again for your continuous support!

Best,

Dr. Hugh Galligan

#4As5Cs1Team

Computer Science



Norwood High School has a course of studies in Computer Science!

In 2019 we had just one class in computer science, Advanced Placement Computer Science A. Since then, we have added two more classes: Intermediate Computer Science in Python and Introduction to Computer Programming. The Intro class is a minor elective that is open to anyone who is interested. Intermediate is for the dedicated beginner, or for someone with a little experience who wants to know more. After you complete Intermediate, you're ready for AP, and the opportunity to earn college credit. We are excited to add these classes to our other outstanding technology classes in engineering, robotics, and manufacturing.

As we continue to grow our program we want to ensure that we are providing our students with the best educational opportunities possible. If you work in the fields of computer science, software engineering, data science, or other related fields, we want to hear from you. Please take a moment to click on the following link to a brief survey about your experience and your thoughts on what our students need to know.

<https://forms.gle/3bRaZ29RdVqvPpEX7>

Thanks for your time. We look forward to hearing from you and seeing your students in Computer Science!

Annual Permission and Emergency Contact Updates

- ♦ update your address
- ♦ change contact information
- ♦ electronically sign annual permissions

DIRECTLY IN ASPEN

Emergency Contact Updates and Annual Permissions are available to sign online. One parent/guardian per student should log into Aspen to complete the Online Returning Student Registration.

The screenshot shows the Aspen system interface. At the top, there's a section for 'Published Reports' with a table header: 'Filename', 'DateUploaded', 'Creator', and 'Description'. Below the header, it says 'No published reports'. Below that, there's a section for 'NEW STUDENTS ENROLLING IN THE DISTRICT' with a button 'Start a new New Student Registration' and a yellow callout box that says 'FOR NEW STUDENTS ENROLLING IN THE DISTRICT'. At the bottom, there's a section for 'EMERGENCY CONTACT UPDATE AND ANNUAL PERMISSIONS' with a button 'Start a new Returning Student Registration' and a yellow callout box that says 'COMPLETED IN THE FALL FOR ALL STUDENTS, OR DURING THE YEAR FOR NEW STUDENTS AFTER THEY ARE ENROLLED'.

Instructions are here.

<https://sites.google.com/norwood.k12.ma.us/mustang-technology/aspen#h.ujnmna9lme23>



NHS-TV is busy producing many new segments, but with the start of school we were able to pull together our Spring 2023 Edition of Mustang Magazine for your enjoyment. [You can watch it here!](#)

Also, Sophomore TV Students Brian Gagliard and Anthony Conidi worked over the summer to kick off their own new program "NHS-TV Pregame Live!" -- where they broadcast live from the field, talk about Norwood Sports, interview staff and students, and roll some clips, just before our home Football games. Their first broadcast was on Thursday, September 14, and they're looking forward to their next broadcast on October 5th.



Athletics

Please go to www.norwoodmustangs.com for NHS athletic news and <https://www.arbiterlive.com/Teams?entityId=16671> for schedules, scores and rosters.

Download the ArbiterSports App as well to view schedules, rosters and scores.



The Mustang Gazette

The Mustang Gazette, a digital news website published by the students in Journalism class, is live and updated regularly.

Please visit The Mustang Gazette at <https://sites.google.com/norwood.k12.ma.us/mustanggazette/home> for NHS and community news.

A World of Difference Program

The peer leaders of Norwood High School are excited to continue bringing the A World of Difference program to the school community.

- Peer Leaders are participating in trainings on peer facilitation in October.
- New leaders have trainings on October 2, 3, and 12.
- Returning peer leaders are only required to attend the October 12 training, but the two earlier trainings are also available to them.

AWOD is accepting applications through September 25.

Environmental Youth Coalition - EYC

The E.Y.C. is the Environmental Youth Coalition club at Norwood High School. We aim to educate about our environment and help make our community more green and make a difference locally as well as globally. Our first meeting will be on Tuesday September 26 at 3:00 PM in the GSU conference room. New members are welcome!

Unified Friendship Club is meeting Sept 28, 2023, for their Fall Olympics & Officer Nominations

Starting the 13th of October be on the lookout to purchase a, or multiple painted pumpkins for one of our annual fundraisers. We thank you in advance for your support.

School Counseling

We are all excited to have welcomed all of you back to Norwood High School! It is great to see the hallways and classrooms filled. The School Counseling Office is already busy and we have some important information to share with our Mustang family.

Seniors:

We have been busy meeting with most seniors through our Senior Seminar class already. Here we will help seniors through the college application process. We are also excited to work with students with plans that may include a gap year, employment, military, a trade or a technical school, or some combination of them all. Please reach out to your school counselor to talk more about those plans. These meetings are just getting started and we look forward to making a plan with everyone.

Seniors, remember if you know your deadline dates for your applications, even if you know only the first one, please let your school counselor **know as soon as possible**. We need at least 3 weeks notice prior to the deadline date of the college application to get your materials ready. We will also have instructions on how to request the transcript during Senior Seminar via Scoir.

College visits:

Remember that we have many college admissions representatives visiting Norwood High School. These visits will help you to learn more about their institutions and them to get to know you as well. Sign up on Scoir and get a pass from Mrs. Morrison in the school counseling office.

Financial aid:

A part of this process also includes the application for financial aid. One of the best resources is [MEFA](#) and we encourage you to visit their website and register for one of their financial aid information sessions. They will have pre-recorded and live sessions available to families to help guide you through the process.

Sophomores and Juniors:

On Tuesday, October 17th, we will be administering the PSAT/NMSQT to all students in grades 10 and 11. This assessment will be offered as a practice for the SAT, which for most students will be taken in the late winter or spring of the junior year. There is no cost for students to take this exam and there is no need to register for it.

By taking the PSAT, students will get a feel for what it is like to take the SAT and give an accurate indication of how students would score on the actual SAT. This will help establish a baseline as you prepare to be college and career ready.

9th Grade:

We have been so happy to welcome you all to Norwood High School. We look forward to getting to know everyone and to work with you throughout the next four years. One of our first meetings will be later this fall where we will introduce you to MyCAP. This is a student-centered, multi-year planning tool designed to provide students with ongoing opportunities to plan for their academic, personal/social and career success. We want all of our students to be college and career ready!





**The McLean School Consultation Service is excited to announce our second annual
“Leaders in Youth Mental Health Series.”**

For the 2023-2024 academic year, we will be hosting 7 free parent webinars presented by McLean clinical experts. The topics will focus on childhood suicidality/self-harm, childhood irritability, pediatric anxiety disorders and OCD, navigating the mental health system for youth in crisis, supporting non-binary and transgender youth, and partnering with schools for youth services and supports.

Where can I access the parent webinars?

All information (topics, dates, zoom links) for the 7 parent webinars can be found on [this website](#).

Note: You will use this website to access ALL live and recorded webinars throughout the year. Please bookmark it!

FAQs:

1. Who can attend?

All parents of school aged children K-12 and all school staff in your school district are invited to attend. We kindly ask that you do not distribute the website link outside of your school district.

2. If I can't make the live webinar, where can I watch the recorded webinar?

All live and recorded webinars will be hosted on the same website [link](#). The recorded webinars will found on the “On Demand” logo. Please allow up to one week from date of presentation for the recorded version to be uploaded.

3. Do I need to pre-register?

No pre-registration is required for the webinars.

4. Are there Q & A time for each presenter?

Yes! Each presenter will provide content for roughly 45 minutes with 10-15 minutes for available questions from the chat.

5. How do I spread the word?

Please help us spread the word and send the website to your parents, school staff, PTGs, & SEPACs. We appreciate all the time and effort you take to help get this information into your community.



School Photos



School Pictures: Earlier this week, students took their school pictures at Norwood High School. Each student received a paper with an individual QR code on it to bring home. Additionally, we asked students to take a picture of the QR code if possible. Please check in with your students for this information to order school pictures from Legacy Studios. In the event that you cannot find this information, please visit <https://legacyfindmycode.com/>

Senior Portraits: A reminder to students in the class of 2024 that you must have your senior portrait taken. Photographers will be at Norwood High School again on October 6 after school. There are still appointment slots available. Please click on the link below to schedule a Senior Photo Session at Norwood High School.

<https://seniors.legacystudios.com/norwood-hs-ma/>

Class of 2024

YEARBOOKS ARE ON SALE NOW!

Visit yearbookforever.com to purchase your copy of the yearbook.

The cost is currently **\$70**.

Prices will increase to \$80 on 11/27. Prices will increase again to \$90 on 2/26, so buy your copy NOW!

Senior Portraits [DUE: December 1]

Senior Portrait submission is due Friday, December 1st. Seniors have TWO options for taking their senior portraits: Independent Photographer or Legacy Studios. All portrait choices must be vertical shots or a waist-up shot, and seniors should be wearing appropriate dress, with no hats or hoods.

For Seniors who choose to have their portraits taken with an Independent Photographer:

Upload your vertical photo through [Yearbook Snap](#) using the access code "mustangs", then select the photo topic "Senior Portrait."

- Portrait submission MUST be renamed prior to uploading. Use the following format: STUDENTLASTNAME_STUDENTFIRSTNAME
- File must be JPEG or PNG, 1mb - 15mb.
- Upload the highest resolution version of the image.

No studio logo or name imprinted on the front of your photograph.

For Seniors who choose to have their portraits taken with Legacy Studios:

If you had your portrait taken with Legacy Studios, you will need to select your Yearbook Pose through their online portal.

Baby pictures [DUE: December 15]

We are looking for images of the Class of 2024 from your early years, specifically photos ranging from infancy to elementary school. You can also submit pictures of individual students, or group pictures. Students and families can upload as many photos as they would like. However, we cannot promise that all photos will be included, depending on the volume of pictures we receive.

To submit your baby photos, please visit [Yearbook Snap](#), use the code "mustangs" and select the photo topic "Baby Pictures."

NORWOOD HIGH SCHOOL 3618

View This Year's Sports
& Events Photos Online:
Events.LegacyStudios.com



ONLINE
CODE:

3618E24



The Norwood High School PTO - September 2023 Happenings

The NHS PTO is a non-profit, volunteer organization dedicated to the students and staff of Norwood High School. We provide support for educational and recreational programs, and promote open communication between the administration, teachers, and parents.

Here are two ways you can help if possible.

Teacher Appreciation

In appreciation for our teachers and staff, we are once again restocking the teachers' rooms.

If you would like to donate, here is the [sign up genius](#).

PTO Dues

We rely on dues to support our programs which support the school, such as:

- Teacher grants
- In-school assemblies with guest speakers
- Scholarships for graduating seniors
- Teacher and staff appreciation
- Academic Awards Banquet

If you are able to support us, dues are \$25 per family. If you give \$35 or more, you get a Norwoodopoly Board Game!

To enter your information [Click here](#). Pay by Venmo (@NorwoodHighSchool-PTO; last 4 digits of the phone number is 0817) or by check - payable to the NHS PTO (drop off at front office).

On check and Venmo please note the name of your student(s).

Next Meeting

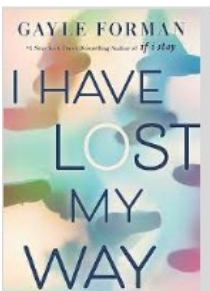
Tuesday, October 10, 2023; 6:30pm at the NHS Library.

Library Nook

Welcome Back NHS! This month we are celebrating National Hispanic Heritage Month! Check out our collection of great reads by Hispanic authors.



[National Hispanic Heritage Month](#)



Library Lunch Book Club will be meeting Wednesday, September 27th during all three lunches. We will be reading *I have lost my way* by Gayle Forman. New members are always welcome!

Aspen Support

Please email npsaspensupport@norwood.k12.ma.us for any issues with your Aspen account.

Calendar

9/15-10/15 National Hispanic Heritage Month

- 10/9 Indigenous People's Day/Columbus Day
—No School
- 10/17 PSATs for Grade 10 & 11
12:00 Early Dismissal
- 10/26 Prospective Student Open House
6PM-8PM