



From the Principal

As we come up on the one year anniversary of our last "regular" day of school, please know how impressed I am by the dedication of our students, staff, and families. As you may know, discussions for a full return to school for high schools have begun at the state level. I will be sharing more information with you as it becomes available. Thank you for your continued support!

Best Regards

Dr. Hugh Galligan
#4As5Cs1Team

IMPACT Norwood - Shine Bright Workshops

Impact Norwood has partnered with Shine Bright Workshops again to offer a free series throughout the month of March dedicated to parents and guardians. The virtual workshops will be weekly on Monday's from 7-8pm starting Monday, March 8th.

Specific information about each of the sessions is below. The registration link to sign up is: <https://www.eventbrite.com/e/143833101679>

Parent/Guardian Series in March:

Week 1: Taking Care of You First (March 8 at 7pm)

Week 2: Understanding your Child's Energy and Trusting Yourself (March 15 at 7pm)

Week 3: Social Media: How to Talk to Your Kids About Being a Good Digital Citizen (March 22 at 7pm)

Week 4: Communicating with Compassion with your Children - Especially with the Hard Stuff (March 29 at 7pm)

Norwood Drama

Jack Tolman of Norwood Community Media created a story about our NHS school play, 39 Steps. Enjoy! <https://youtu.be/cxq4AFew3Ms>

Student of the Month

Students of the Month are seniors who are involved in the four A's (Academics, Arts, Athletics, and Activities). These students are role models for other students. Nominated and selected by the faculty.

January

Megan Sople



Venkata Dasuri



February

Hailey Barrows



Miranda Lee



Schedule

Please check out <https://www.norwood.k12.ma.us/nhs/norwood-high-school-schedule-study> for the latest updated information from our Schedule Study Committee. We are excited for the improvements expected to the student schedule in the 2021-22 school year.

Parent Course Approval Needed for 2021-2022 School Year

New

Your students have been working through their course selection and meeting with School Counselors. This year, parents will need to approve student course requests through the **ASPEN Portal by March 31, 2021.**

Please use the links below to access the directions. If you have any questions, please reach out to your student's School Counselor, Erin Regan, Guidance Department Chair (eregan@norwood.k12.ma.us) or Cindy Derrane, Assistant Principal (cderrane@norwood.k12.ma.us).

[Parent Approval for Course Requests \(slide deck\)](#)

[Parent Approval for Course Requests \(video\)](#)

EYC

E.Y.C. is planning for **Earth Week 2021** which is approaching quickly! Stay tuned for virtual ways to celebrate our earth and our environment in school the week of April 26-30.

Earth Week 2021 will culminate with our Tree Plenish Event on May 1, 2021. This day will also be a Student Council Service Saturday.

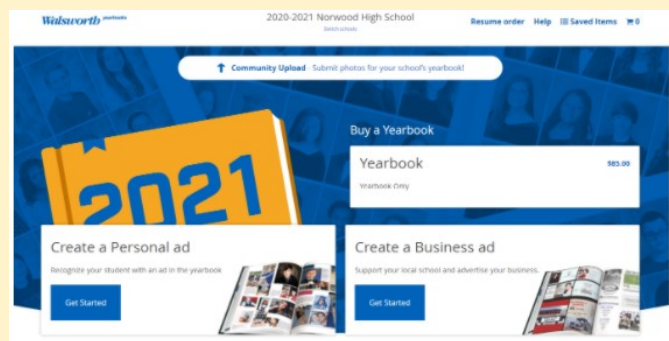
If you haven't already, please visit our Tree Plenish [Website](#) to buy a tree (we will plant it for you at your house or you can donate it to your school) and sign up to volunteer that day! We are not even half-way to our goal of 200 trees-- please log in and buy a tree before April 1! Saplings only cost \$5 and will replenish the paper used by NHS during a normal school year!

2020-2021 Yearbook

Order your 2021 yearbook today!

Visit yearbookforever.com and type our school name, **Norwood High School, Norwood MA** to purchase for **\$85!**

There is also a "Community Upload" feature where students and families can submit photos to be considered for this year's yearbook. Any yearbook questions can be sent to Ms. Leavitt at klevitt@norwood.k12.ma.us or Ms. Rodger at jrodger@norwood.k12.ma.us





Athletics

Fall Sports II

Welcome to Fall II! We are very excited to offer cheer-leading, boys and girls indoor track & field and girls volleyball this season. Schedules can be found at www.miaa.net or by downloading the MIAA "App"

The TVL will not be allowing away spectators during the Fall II season. You can view the TVL broadcast information by accessing this link https://docs.google.com/spreadsheets/d/1xloBx62cLwwBr-osfxw_hVIYmSHIXZika3ZmcOXt66c/edit#gid=1103865345

Two parents/guardians per student will be permitted to attend home contests during the Fall II season. We will be communicating with you via email prior to each contest to sign up.

Please visit norwoodmustangs.com for all your Mustang sports information.

The Mustang Gazette

The Mustang Gazette, a digital news website published by the students in Journalism class, is live and updated regularly. Please visit The Mustang Gazette at <https://sites.google.com/norwood.k12.ma.us/mustanggazette/home> for NHS and community news.

SADD

SADD (Students Against Destructive Decisions) WEEK will be April 5th - 9th! ALL students are invited to join in SADD sponsored activities throughout the week. Interested in joining SADD? Please contact Mrs. Quinn at kquinn@norwood.k12.ma.us

2021 Digital Art Design Contest

The **World Language Department** is proud to present the **2021 Digital Art Design Contest**. Students chose from 2 possible themes- "Unity in Diversity" and "We Got This." Digital Art Designs were created with these themes from students in grades 6-12. Please help us by voting on your favorite in each category! "[Unity in Diversity](#)" "[We Got This](#)" **Voting will be open from Friday 3/12 at 2:30 until Tuesday, 3/16 at 2:30.**

School Counseling

Course Registration

All students should have met with their school counselor to review their course selection and finalize choices either in person or via a google meet. If you have not yet met with your counselor, please email them to schedule an appoint-

Seniors

If you have applied to a 2 and/or 4 year college and are comparing acceptances and aid/offer letters and need some help making sense of it all, consider registering for [After the College Acceptance Seminar](#) through MEFA.

"This webinar provides valuable guidance for high school seniors who have received their college acceptance letters and financial aid offers and are trying to make the college decision. Topics include an overview of different types of financial aid, an explanation of how to calculate the balance due at each college, and methods for paying the college bill. Live transcription will be available."

Post-Secondary Planning meetings for Juniors and Families

We are excited to begin the post-secondary planning process for juniors. It is time to start thinking about life after graduation from Norwood High School. We are here to help with whatever that plan might be including 2 and 4 year college options, career/technical training programs, job and career searches, and the military. Near the end of March/beginning of April, counselors will reach out to their students to schedule meetings. If you are thinking about college, please add to "College I am Thinking About" in [Naviance](#). If you need to reset your password, you should be able to do so on their site.

College Planning Seminar:

MEFA is offering a question and answer session with college admissions professionals on Monday, March 22nd at 6:30pm. If you are interested in attending please [register](#).

Button Fundraiser for NHS' National Art Honor Society and Artstangs

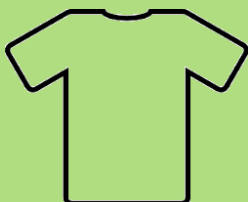
The National Art Honor Society and Artstangs is raising money for the Memory Project and the group itself. The three button designs were created and developed by NHS students.

Buttons are \$2 each or three buttons for \$5. There is an order form in your student's email that showcases the designs as well. If you have any questions, please contact Mrs. Laurie Mead McGrory at lmcgrory@norwood.k12.ma.us

T-SHIRT DESIGN CONTEST

The Spring Launch of the Student Council Store is coming up and NHS Student Council needs your help to design a t-shirt!

The winning design will be featured in the StuCo Store Spring Launch, and the winner gets a free shirt with their winning design & a \$25 AMAZON GIFT CARD! Designs must be submitted by MARCH 17TH -- please see the Student Council Instagram for details.



MARCH SERVICE SATURDAY!

Student Council's next Service Saturday will be on Saturday, March 20th. The Student Council is partnering with the Norwood Senior Center to "Adopt a Granfriend"! Students will be making gift bags and writing pen pal letters to participating senior citizens. Interested students should keep an eye on their e-mail for a signup!



GOLF BALL DROP
Support NHS Senior class of 2021

Friday April 9th Elks Club Norwood at 4 (you do not have to be there to win)
Max of 500 balls sold
1st prize \$1000

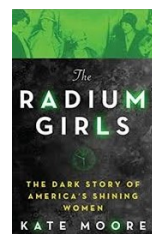
\$20 a ball

RULES:

- Firetruck drops 500 balls
- Ball closest to the pin will win \$1000.
- 2nd and 3rd closest will win golf for 4 at [Brookmeadow Country Club](https://brookmeadowcountryclub.com/) or Norwood Country Club
- <https://checkout.square.site/merchant/SSNX8040NGJ5C/checkout/RBN6GT546HSUQH0TU2T5HTTM>

Library Lunch Book Club

Library Lunch Book Club will be meeting virtually on Friday, March 26 at noon. The Club will be reading

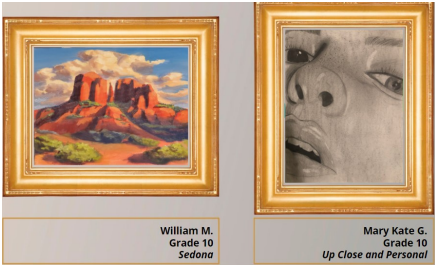


New members always welcome! Books are available through Hoopla. <http://www.norwoodlibrary.org/ebookresources/>

Please contact Ms. Bradley or Mrs. Mannering with any questions or how to join the meeting. Look forward to seeing you remotely.

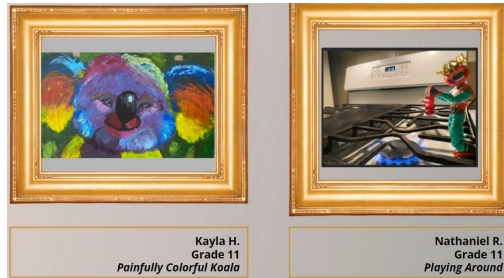
MAEA YOUTH ART MONTH EXHIBITION

March is Youth Art Month. As part of that celebration, the Massachusetts Art Education Association hosts a statewide art exhibit. The Visual Arts Department is proud to announce that we have 18 pieces of artwork in a statewide exhibition. Due to the pandemic, the exhibition will be virtual!



William M.
Grade 10
Sedona

Mary Kate G.
Grade 10
Up Close and Personal



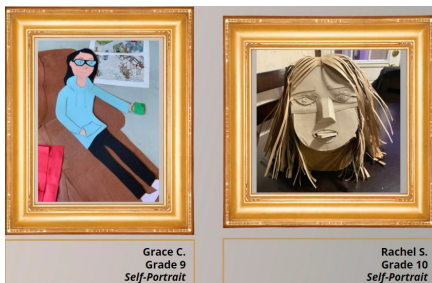
Kayla H.
Grade 11
Painfully Colorful Koala

Nathaniel R.
Grade 11
Playing Around



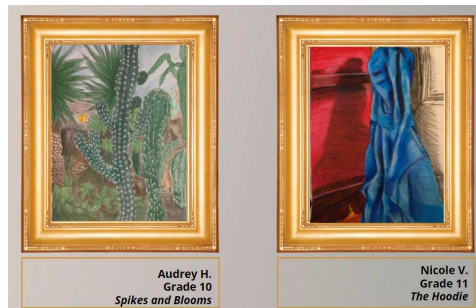
Caroline G.
Grade 11
Red Sox Reflection

Meredith G.
Grade 10
Cold Water



Grace C.
Grade 9
Self-Portrait

Rachel S.
Grade 10
Self-Portrait



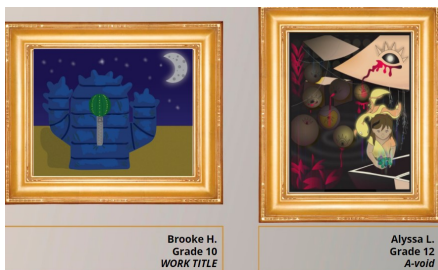
Audrey H.
Grade 10
Spikes and Blooms

Nicole V.
Grade 11
The Hoodie



Isabel D.
Grade 11
Juke Box

Richard M.
Grade 12
Human Nature



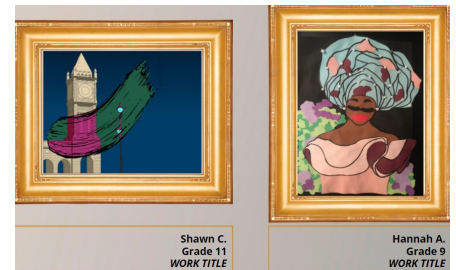
Brooke H.
Grade 10
WORK TITLE

Alyssa L.
Grade 12
A-void



Miranda L.
Grade 12
Hand in Hand

Emily S.
Grade 10
WORK TITLE



Shawn C.
Grade 11
WORK TITLE

Hannah A.
Grade 9
WORK TITLE

Marching Band & Jazz Ensemble

The Marching Band is back in action as of **Thursday, March 11th 6-8 PM for rehearsals**. Our Color Guard and Percussion have rehearsed all winter and now the woodwinds and brass winds are joining the fun! Marching Band is now open to all 8th graders from the town of Norwood. Our goal is to have an outdoor performance in early May.

The Jazz Ensemble has been meeting remotely after school working on rhythmic study, theory, and jazz vocabulary. Our goal is to rehearse outside as the weather warms up.

SAT Prep 3/30-5/27

We are excited to announce that once again NHS will be offering the SAT Prep Program this year from March 30th through May 27th. Registration is due no later than **Monday, March 22nd**.

The course runs in eight weekly class sessions on Tuesday and Thursday evenings from 6-8:50pm. The cost of the program is \$180, it **does not include** the cost of the Princeton Review text which is required for the course.

Depending on enrollment, we may be able to offer need-based financial assistance such as tuition reduction and installment plans. Please click on this [link](#) for the letter with more information and registration form. For any questions you may have, please email the program coordinator, Mrs. Prieto at nprieto@norwood.k12.ma.us

AP EXAMS INFO

**\$25 per exam
due 4/12—4/16**

If a student has decided they no longer wish to take an AP exam please email me by **March 12, 2021**. There is no cancellation fee this year, but we need to know in advance in order to plan for testing.

A large portion of the AP Exam fees have been funded for our NHS students this year. The total cost will be only **\$25 per exam!!** There will be **no** deposits collected this year.

Payments will be accepted beginning the week of **April 12th**. The final payment date is **April 16th**. Payments can only be made by check or money order payable to Norwood High School. Please put the name of the AP exam in the memo line. If students are taking more than one AP exam, separate checks are required for each exam.

Exam dates range from **May 3-28**. Once the AP exam dates have been set and finalized for all exams at NHS, I will send out a follow up email. Stay tuned for more information to follow in April.

Please email JBradley@norwood.k12.ma.us with any questions or concerns.

The NHS Music department is proud to congratulate junior Kyle Leonard on his acceptance to the 2021 National Association for Music Education All-Eastern Music festival!

Sponsored by NAFME and the surrounding states, "All-East" is a bi-annual music festival that selects top student musicians from New England, New York, New Jersey, Pennsylvania, Delaware, and Washington DC, as determined by their previous year's All-State auditions. These student musicians will attend master classes, rehearse, and record under the direction of nationally recognized conductors. Their individual performances will then be edited together to present a virtual concert. Kyle will be playing alto saxophone in the 2021 All-East Band, under the direction of Cynthia Johnston Turner, the Director of Bands at the University of Georgia.

Congratulations, Kyle!

Calendar

3/24 Early Release 11:30 AM

3/17 Happy St. Patrick's Day

3/31 Town Government Day

4/2 Good Friday—no school

4/12 End of Term 3